

An Adaptive K-12 Curriculum and Activity Guide for Sensory Peapod and Crash Pad Exploration!

Required Materials:

[CordaRoy's 2-in-1 Sensory Pod and Crash Pad](#)

Introduction:

Embark on an exciting sensory journey with the Indoor Sensory Peapod Canoe and Crash Pad Curriculum. This adaptive guide is designed to cater to diverse needs, fostering sensory exploration, motor skills development, and relaxation for students in kindergarten through 12th grade. Transforming from a canoe to a crash pad, this versatile tool offers a dynamic platform for inclusive and engaging activities within the classroom setting.

Objective:

The primary goal of this curriculum is to provide students with rich sensory experiences while promoting physical activity, social interaction, and emotional well-being. The Indoor Sensory Peapod Canoe, with its dual functionality as a crash pad, serves as a flexible tool for a variety of inclusive activities.

Curriculum Overview:

Adapt the activities based on the students' abilities, needs, and grade levels.

1. Sensory Exploration (K-2):

Activity 1: Sensory Storytime

Transform the canoe into a cozy reading nook, allowing students to explore books surrounded by comforting sensory materials.

Introduce different textures and encourage tactile exploration.

Activity 2: Colorful Crash Pad Art

Utilize the crash pad for art activities without messy play.

Encourage students to engage in creative expression while exploring colors and textures.

2. Motor Skills Development (3-5):

Activity 1: Obstacle Course Challenge

Set up an indoor obstacle course using the canoe and crash pad. Incorporate crawling, jumping, and balancing activities to enhance gross motor skills.

Activity 2: Crash Pad Yoga

Use the crash pad for yoga sessions, focusing on flexibility, balance, and body awareness. Guide students through gentle poses to promote motor coordination.

3. Social Interaction and Team Building (6-8):

Activity 1: Cooperative Games

Collaborate on games that involve the transformation of the canoe into a crash pad and vice versa.

Emphasize teamwork, communication, and problem-solving skills.

Activity 2: Peer-led Sensory Stations

Allow older students to create sensory stations using the indoor sensory peapod canoe and crash pad. Encourage leadership, creativity, and peer interaction.

4. Sensory Integration and Relaxation (9-12):

Activity 1: Mindful Moments

Create a dedicated space with the crash pad for mindfulness and relaxation sessions.

Guide students through breathing exercises and reflective activities.

Activity 2: Sensory Exploration Stations

Set up sensory exploration stations around the classroom using the crash pad and canoe.

Encourage students to rotate through stations, experiencing different sensory elements.

Adaptive Strategies:

Provide visual schedules and cues for students with autism or sensory processing challenges.

Offer seating and positioning adaptations for students with physical disabilities.

Incorporate individualized sensory profiles to tailor activities to specific sensory needs.

Curriculum Standards:

Aligning with educational standards ensures the curriculum's relevance to academic goals. The Sensory Peapod and Crash Pad Curriculum addresses various standards across grade levels:

English Language Arts (ELA):

Reading: Comprehend and analyze sensory-rich texts during Sensory Storytime.

Writing: Express thoughts and emotions through creative expression in Colorful Crash Pad Art.

Physical Education (PE):

Motor Skills Development: Engage in obstacle course challenges and Crash Pad Yoga to enhance gross and fine motor skills.

Team Building: Collaborate on cooperative games to develop teamwork and communication skills.

Social-Emotional Learning (SEL):

Self-awareness: Explore emotions during Mindful Moments.

Social Awareness: Develop empathy and communication skills in Peer-led Sensory Stations.

Conclusion:

The Indoor Sensory Peapod Canoe and Crash Pad Curriculum and Activity Guide offer a flexible and adaptive approach to sensory exploration and skill development within the classroom. Through a range of activities tailored to different age groups and abilities, students can embark on a transformative journey, promoting inclusivity, engagement, and holistic well-being while aligning with educational standards.